

YOGA

Every Monday & Friday 10.30-11.45 am
Keppels Music Room £7 per person



Fitness For A Fiver? Boot Camp Style!!

Mondays 7.30pm & Wednesdays 6am, Music Room.
Bring water, a towel and a sense of humour!



SALSA DANCING

Every Tuesday Club dancing until late
Beginners 7-8pm / £7 Improvers 8.15-9.15pm / £7



JAZZ NIGHT

Free Entry

Every last Thursday 8.30pm



PALM COURT PIANIST

Friday 3-11pm Saturday Noon-11pm
Sunday Noon-6pm



STEAK NIGHT

Every Thursday Night in Keppels
Booking is essential



PENSIONERS' LUNCH

Every Wednesday at Lunchtime
in The Palm Court Two courses & coffee £9



THE GRAND TOUR

Mon & Fri 2pm / £7.75 pp including Cream Tea
Allow two hours for tour.
Places are limited so booking is essential



ANTIQUES

Antiques & Collector's Fair
First Sunday of month 9am-4pm / £1



QUIZ NIGHTS

8pm / Price per team up to 4 / £5



BRIDGE NIGHTS

Duplicate Bridge Club every Monday 7pm / £2.50
Visitors are welcome, except first Monday in month
when there is a club competition.



KFA MATURE MOVES

Tuesday & Thursday 10.30 to 11.30am £4
Keep fit for the 50 plus. A well balanced
programme of low impact movement to music.



Zumba Latin inspired dance fitness

For all ages Monday 6-7pm £5



WHAT'S ON March

01 THURSDAY



02 FRIDAY



03 SATURDAY



04 SUNDAY



05 MONDAY



06 TUESDAY



07 WEDNESDAY



08 THURSDAY



09 FRIDAY



10 SATURDAY



11 SUNDAY



12 MONDAY



13 TUESDAY



14 WEDNESDAY



15 THURSDAY



16 FRIDAY



17 SATURDAY



18 SUNDAY



19 MONDAY



20 TUESDAY



21 WEDNESDAY



22 THURSDAY



23 FRIDAY



24 SATURDAY



25 SUNDAY



26 MONDAY



27 TUESDAY



28 WEDNESDAY



29 THURSDAY



30 FRIDAY



31 SATURDAY



THE GRAND
The Leas, Folkestone CT20 2XL 01303 222 222
www.grand-uk.com

Free JAZZ NIGHTS

at The Grand

ON THE LAST THURSDAY OF EVERY MONTH AT 8.30PM. ENJOY CLASSIC JAZZ WITH **FREE ADMISSION!**

TO BOOK SEATS CONTACT THE GRAND 01303 222 222 OR SALES@GRAND-UK.COM

THURSDAY MARCH 29TH
THE GRAND PRESENTS
"PETE ABBOTT"

Back to entertain us with his popular mix of Jazz and Blues



Thursday

STEAK NIGHTS

In Keppels

ENJOY A DELICIOUS STEAK IN THE KEPPELS WINE BAR, EVERY THURSDAY BETWEEN 6PM AND 9PM



BREAKFAST

£8.50

7am - 11 am every day

What better way to set you up for the day than a Traditional English Breakfast, served to the splendid view of the English Channel.

Early Bird Offer Mon to Sat Two for £12

Pensioners' Grand Lunch

Every Wednesday at Lunchtime in The Palm Court

Two courses & coffee £9

Booking Essential Weekly Menu Changes



www.twitter.com/The_Grand_RR



ALL NEW QUIZ NIGHT £5

Wed 14 March
Wed 28 March

per team of 4
PRIZES TO BE WON!!!



Syn at The Grand

DOCTOR SYN

Kentish Hero from yesteryear

The original novel by Russell Thorne

- Kentish Novella & Souvenirs
- Agatha Christie & H.G. Wells
- Fine & Affordable Jewellery
- Kentish Soaps & Bath Sets

Available now in The Grand's Gift Shop

Located in the Tudor Lounge & Palm Court Restaurant

THE PALM COURT EXHIBITION DESIGNERS PRESENTS

ROBERTA HARROLD

"THE ALCHEMY OF TIME"

MON 16TH JANUARY - SUN 13TH MAY 2012

"How time affects objects in the landscape"



VISIT THE INNER WORKINGS OF THE MAGIC CIRCLE...



Friday 2 March, 7:30pm

Enjoy a night of live magic

A MAGICAL NIGHT

Tickets £19

Available from Reception

AT THE GRAND

St Patrick's Celebration

Saturday

17 March from 7pm



Traditional Irish Menu £17.00 per person

Mothering Sunday

£26 per person (children half price)

18 March

With a present for mum too!

Gig at the Grand

Live music & BBQ

23 March

with Craig Hammer and special guests



Company of 12 ~ One Act Supper Theatre

LAST RESPECTS

£20 per person per evening

22nd, 23rd 24th March 2012

7:30pm with 2 course dinner

Enjoy Easter Sunday at The Palm Court Restaurant

Sunday 8 April

EASTER

All for £26.00 p/p (children half price) Can you find all the bunny's eggs?

AT THE GRAND

VISIT THE INNER WORKINGS OF THE MAGIC CIRCLE...



Friday 20 April, 7:30pm

Enjoy a night of live magic

A MAGICAL NIGHT

Tickets £19

Available from Reception

AT THE GRAND



CELEBRATE ST. GEORGES DAY IN THE PALM COURT

Order any meal in our Palm Court Restaurant on Sat 28 April 2012 and get a pint* of our unique & Kentish Grand Ale for just 1p! Something worth Celebrating!

* - LIMIT OF ONE PINT PER CUSTOMER -



Visit our website at www.grand-uk.com or call Reception on 01303 222 222